



At Simple Laboratories we believe the lab process should be transparent, informative and simple.

### FRIENDLY + CONVENIENT SERVICES

- We're a compassionate + courteous team of trained professionals.
- No wait / no appointment needed (unless otherwise instructed).
- We're located in the area.

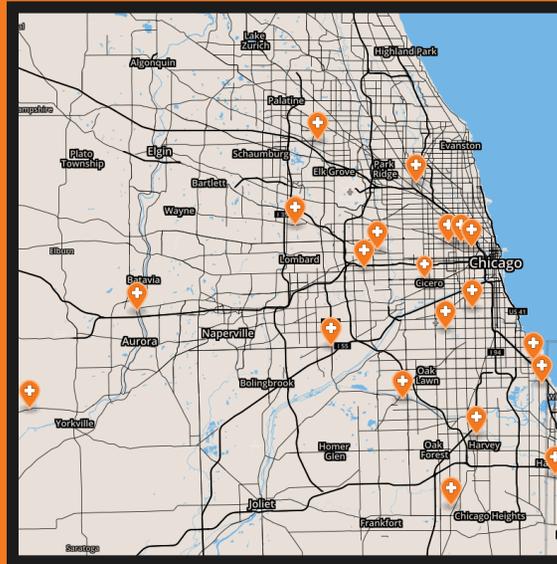
### QUALITY RESULTS

- Next day results for most tests, sent directly to your physician.
- We're a state-of-the-art, industry-leading, local testing facility.

### THE SIMPLE PRICE

- We care about making healthcare affordable and offer one transparent price no matter how you pay — insurance, credit, cash.

We have several Patient Service Centers throughout the area. See our full list online. [SIMPLELABORATORIES.COM/PSC](http://SIMPLELABORATORIES.COM/PSC)



We're in the neighborhood — stop on by!



# SIMPLE



# LABORATORIES

Friendly & affordable patient care.

# PATIENT SERVICE CENTER

Choose Simple Laboratories for your lab tests!

- ✓ Affordable Patient Prices
- ✓ Friendly + Convenient Services
- ✓ Quality Results

We're a Chicago-based lab serving patients throughout Illinois + Northwest Indiana.

[SIMPLELABORATORIES.COM/PSC](http://SIMPLELABORATORIES.COM/PSC)

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# PREPARING FOR YOUR VISIT



## ITEMS TO BRING

- ✓ A **prescription** from your physician
- ✓ **Insurance** card
- ✓ Picture **identification**
- ✓ **Cash or credit card** for payment



## DRINK WATER!

- The more water you drink, the plumper your veins become, and the easier it is for us to draw your blood.
- For urine tests, the fuller your bladder, the easier it will be for you to provide a sample.



## DO I NEED TO FAST?

- Some tests require fasting before drawing your blood. Contact your physician to find out the requirements for your specific test(s).



## WHAT TO EXPECT

- The procedure is usually brief and uneventful; most appointments last less than 15 minutes.
- We'll begin by gently pressing against your skin to locate the best vein. We'll then clean the area with an alcohol pad, and tie a tourniquet around your arm to increase blood flow.



## AFTER YOUR VISIT

- Minor bruising and swelling around the puncture site may occur and is normal. If you do notice bruising, it should go away within a few days.



## RESULTS

- Results will be sent directly to your physician.
- Most results are available the next day.



## LET US KNOW IF YOU...

...Are nervous or have fainted in the past. Chatting helps! We'll talk with you throughout the process to help you relax. We can also keep needles out of sight or position you so you're less likely to faint.



...Have shy veins.

We're skilled at drawing blood from all types of patients. To coax out a shy vein, we might tighten the tourniquet, examine your veins, or place a warm pad against your skin.

...Are allergic to latex.

We'll make sure to avoid any latex products.



## PLEASE NOTE

- Our centers are not staffed to watch children; we require children to be supervised by an adult at all times.

